

Voxer “*Sprint*” Groups Suggested Guidelines

1. This is **your** group, not mine. It belongs to all those who have been invited into the Voxer group. So personalize any suggestions here so it works for your group.
2. Voxer “*sprint*” groups (using the “*sprints*” on my website at **JimFredericks.com**) are not geographically limited, so expand your thoughts to friends around the country.
3. I would encourage *same*-gender groups of 3-5, like modeled by Jesus (Luke 8:1-3).
4. I ask for a 5-week commitment. Many are busy, but even busy people who are thirsty for a deeper relationship with Jesus can commit to 5-weeks. A 5-week commitment is more accessible.
5. I encourage group-initiators to be specific as far as expectations when you invite. Unspoken expectations tend to torpedo relationships.
 - a. Personally, I challenge them to aim at a few minutes a day with one Voxer voice communication.
 - b. No requirement to respond to the others, although their encouraging responses move relationships deeper.
 - c. What we talk about in Voxer stays in Voxer. Confidentiality is important to growing self-discovery.
 - d. Add any of what you have discovered in any face-to-face small group.
6. If they do not meet the minimum, encourage gently, trying to draw them in. At the end of the 5-weeks all can reevaluate whether this works for them.